





# **SAFETY SUMMIT**

## NOVEMBER 8-9, 2023 CROWNE PLAZA ST. LOUIS AIRPORT



T.J. Goloboski
Chief Executive Officer
Belfast Valley Contractors
KEYNOTE: DO WHAT'S
RIGHT, JUST LEAD



Dr. John S. Gaal, CWP, CPS, CHW

Director for the MO AFL-CIO's Missouri

Works Initiative's Worker Wellness

Program

MENTAL HEALTH IN THE

CONSTRUCTION INDUSTRY



MS, LMT
Founder, Provention Plus
THE REALITIES OF THE JOBSITE
ATHLETE: STAYING IN THE GAME

### Day 1 - Workshop

#### Wednesday, November 8

12:30 - 2:30 p.m.

Track 1 - VitalCog Suicide Prevention in Construction

OR

3:00 - 5:00 p.m.

Track 2 - VitalCog Suicide Prevention in Construction

5:30 - 6:30 p.m. Reception

Dinner On Your Own

## Day 2 - Summit

#### Thursday, November 9

6:00 - 7:00 a.m. Earlybird Roundtable

7:00 - 8:00 a.m. Breakfast

8:00 - 8:15 a.m. Welcome & Safety Moment

8:15 - 8:20 a.m. 3-Minute Wake Up!

8:20 - 9:50 a.m. Keynote Speaker

9:50 - 10:05 a.m. Break

10:05 - 10:50 a.m. Association Safety Resource Update

10:50 a.m. - 12:05 p.m. Speaker, Mental Health in the

**Construction Industry** 

12:05 - 1:00 p.m. Lunch

1:00 - 1:05 p.m. 3-Minute Wake Up!

1:05 - 2:20 p.m. Roundtable Discussions

2:20 - 2:35 p.m. Break

2:35 - 3:50 p.m. Speaker, The Realities of the Jobsite Athlete

3:50 - 4:00 p.m. Closing Remarks

